

Saso Herb Gardens

14625 Fruitvale Avenue • Saratoga, California 95070 • (408) 867-0307

www.saso.com/herbgardens • e-mail: herbgardens@saso.com

presents

Herbal Nourishment from the Home Garden

with

Darren Huckle

herbalist and gardener

May 20, 2000 • 9:30 to 3:30 • Fee: \$50



Topics will include:

- How to make tinctures, medicinal teas, and medicated oils.
- The use of food and herbs in promoting wellness and combating stress and illness.
- The importance of weeds in maintaining the vitality of humans and soil.
- How to manage garden soils for high productivity and vitality.
- Identification and uses of garden herbs, landscape plants and weeds.
- References for further study including books, classes, and volunteer opportunities.

Darren Huckle graduated from UCSC with a degree in environmental studies, emphasizing Agreocology and natural history. After graduation he started an herb garden and educational center with Christopher Hobbs. He has studied the cultivation and use of medicinal and food plants for over five years. He is currently attending Five Branches Institute of Chinese Medicine. He installs edible and medicinal gardens throughout Santa Cruz. He currently teaches for the UCSC farm and garden project and the American School of Herbalism.



Please bring a bag lunch, herbal tea will be served.

ADVANCE REGISTRATION REQUIRED—SPACE IS LIMITED

I would like to attend *Herbal Nourishment for the Home and Garden* on May 20 • \$50 fee enclosed

Name _____ Phone _____ Email _____

Address _____ Zip _____



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